



Catherine Gillies

HUMAN LIFE COMMITTEE, AUCKLAND DIOCESE
HOPE ALIVE NZ

BIO

A former President of Voice for Life, Catherine has served with Pregnancy Counselling Services, Family Education Network, Euthanasia Free NZ, and March for Life Auckland. Currently, she is the Convener of the Human Life Committee of the Auckland Diocese Justice and Peace Commission and director of Hope Alive NZ. Professionally Catherine is a chartered accountant and has served in a wide variety of governance roles.

For nearly 40 years friends have told Catherine their abortion stories. A chartered accountant by profession, her analytical mind soon recognized a similar theme to these stories and she started researching the impact of abortion. Formal healing programmes, designed by psychiatrists for lay people to deliver, helped develop professional structures around her knowledge. Usually, she works one on one with suicidal women, but the isolation of abortion grief, makes group work very therapeutic.

THIS SESSION WILL FOCUS ON:

- A review of the physical and psychological impacts of abortion, and the intergenerational nature of the trauma;
- Hope Alive - a group therapy designed to reach men and women who suffer from the combined deeply damaging effects of childhood mistreatment and pregnancy loss;
- The benefits of consciously addressing woundedness and broken relationships, to heal the past, nurture our pilgrim within and develop new skills;
- What you can do to help.

GO FORWARD IN HOPE

INTERNATIONAL PRO-LIFE & FAMILY CONFERENCE